

Northwest Christian High School Athletic Code of Conduct

As a member of Northwest Christian High School Athletics, I agree to the following rules and standards

Athletic Code: Administered by the Athletic Department

1. I will not abuse or misuse any prescription or non prescription medications.
2. I will not use, accept delivery of, purchase, or promote use of any alcoholic beverages or product, tobacco product, or illegal drugs
3. I will not participate in any immoral sexual contact or activity.
4. I will not use or excuse use of profane or vulgar language.
5. I will maintain my eligibility and academic standing.
6. I will the three minute rule. (The three minute rule requires the athlete to leave a location, within three minutes, where the athlete encounters any condition that may result in violation of this contract. Following this rule allows the athlete to avoid temptation and guilt by association).
7. Due Process: Violations of the Athletic Code will be dealt with in the following steps:
 - a. First Violation: Probation, the student athlete will be placed on probation and will not be allowed to compete in interscholastic contests for one week. Student athlete will be expected to practice during their probation .
 - b. Second Violation: Suspension, the student athlete will be placed on suspension and will miss two weeks of interscholastic competition and will not be allowed to practice with the team during suspension.
 - c. Third Violation: Dismissal, The student athlete will be dismissed from the team for the duration of the season and participation in further NCHS athletics could be impacted as well as determined by Administration.

Team Code: Administered by the Team Coaching Staff

1. Be on time and in attendance to all team activities including practice, game day, meetings, etc. pertaining to the overall development and success of the team.
 - a. Extenuating circumstances such as absences from school, sickness, injury, etc. will be excused.
2. In season athletes will not be allowed to participate in off season conditioning BEFORE going to practice.
3. In season athletes will not be allowed to participate in off season conditioning on game days.
4. In season athletes can not miss in season games/competitions to compete in an out of season competition.
5. Any effort less than complete participation by the athlete as determined by the coaching staff may result in diminished playing time and/or possible demotion and/or possible dismissal from the team
6. Due Process:
 - a. First Violation, Diminished playing time: the student athlete could lose playing time as a result of a violation of the team code.
 - b. Second Violation, Demotion of position: the student athlete could lose his/her position on the team.
 - c. Third Violation, Dismissal from the team: The student athlete could be dismissed from the team.

Throughout the "Due Process" procedures, parents/guardians must be informed and involved in the administration of the steps to help facilitate restoration and the return of the student athlete to full standing with the team. Final disposition of the steps should only happen after all attempts have been made to restore and return the student athlete to the team.

Date: _____

Athlete's Printed Name: _____

Athlete's Signature: _____

Date: _____

Parent's Signature: _____