



NCA Cross Country 2021

DATE	OPPONENT	LOCATION	RACE & START TIME
Tue. 9/28	Rainier League Meet	Rainier Elementary School Rainier WA	TBD
Sat. 10/2	Curtis Invite	Chambers Creek Regional Park University Place, WA	JH Boys & Girls @10: 45am
Sat. 10/9	Bill Kehoe	St. Martins University Lacey, WA	TBD
Thu. 10/21	League Meet	Ocosta High School Westport, WA	JH Boys & Girls @ 5:15pm

Practices are with the NCHS Cross Country team from 3:30-5pm. JH students will need to go to extended care from 3:00-3:30pm. Practices are Monday-Thursday (Friday optional).

updated 9/17/21