

NCA Food Allergies

Risk Reduction Strategies

There are students on campus who have life-threatening allergies to NUTS, this includes peanuts, tree nuts and all nut butters and oils. Many of these allergies occur not only when the allergen is ingested but can also be airborne and transmitted from surfaces to skin. For this reason, we have developed a plan to accommodate all food allergies. Some of the non-life threatening allergies include but are not limited to dairy, fish, fruit, and gluten containing foods.

[Lunches:](#) If possible, due to these life threatening allergies, please send lunches to school that don't have any nut products. If you choose to send a product containing nut or nut products, we ask that you please inform your child's classroom teacher. We are striving to make sure all our students are safe and healthy.

[Treats for the classroom:](#) We require that you let the classroom teacher know ahead of time if you are bringing homemade or store bought treats to the classroom. This allows the teacher time to inform the parents of the children with food allergies so that the parents can bring a treat for their own child that they know does not contain the allergen. Several of our students do not tolerate dairy products, gluten, and some fruits, as well as those that have life threatening NUT allergies. For that reason we ask that you please only send treats to share in the classroom that do not have any nut products (including nut oils), as in some cases students can react to even the smell of nut products. Please read the ingredients, they may be hidden.

[Field Trips:](#) Our vans and buses are shared campus wide, due to life-threatening allergies, nut products are not allowed. On field trip days, please only send foods that do not have any nuts or nut oils. No food of any kind is to be consumed while riding in the vans.

[Snacks:](#) Students are encouraged to bring healthy snacks to school for consumption at break time. Per school policy we do not allow children to share snacks. Please remind your student for their own health and the health of their classmates to please not share snacks or lunches.

Following these guidelines will help to keep all our students safe. Thank you for your help!

